

CHECKLIST FOR *Blessing Bags*



Necessities

- Gal. Ziplock bags
- Hand-warmers
- Bottle of water
- Band-aids
- Baby wipes
- Hand sanitizer
- Travel first-aid kit
- Socks

Toiletries (travel-size)

- Toothbrush
- Toothpaste
- Floss
- Soap
- Deodorant
- Shampoo
- Conditioner
- Comb
- Chapstick
- Sunscreen
- Women's hygiene

Non-Perishable Foods

- Instant oatmeal
- Breakfast bars
- Tuna/cracker packs
- Raisins
- Peanut butter crackers
- Instant coffee packs
- Tea bags
- Hot cocoa packs
- Hot cider packs
- Beef jerky sticks
- Mini water bottles

Extras

- Note of encouragement
- List of local resources
- Fast-food gift card
- Other...